

# Celebrating Our Community

## UKAGP National Gestalt Conference Marking 25 years of

### The British Gestalt Journal

**30th June to 2nd July 2017  
Wokefield Park Executive Centre, Reading**

#### **Conference Workshop:**Embodying and moving in Supervision

In this workshop, we will explore how we can invite bodily processes from the therapeutic field into our supervision sessions. How can we bring bodily gestalten, the aesthetics of the ground, the atmospheres, the rhythms and thus the body-to-body-communication to live in supervision?

Based on her experience as psychotherapist and trainer, Julianne offers a safe and respectful space for exploration of these processes using exercises and experiential work. Please feel invited whether as supervisee or as supervisor.

**Julianne Appel-Opper**, Psychological Psychotherapist, Clinical Psychologist, MUKAHPP, UKCP reg. Integrative Gestalt Psychotherapist, Supervisor (Univ. of Birmingham), Trainer. She has 25 years' clinical experience. For 12 years she lived and worked in various countries and is now in private practice in Berlin. She has been a Visiting Tutor at several psychotherapy training institutes internationally. She has developed the 'Relational Living Body Psychotherapy' which she has taught internationally and published about. For more, see [www.thelivingbody.de](http://www.thelivingbody.de)